

Attendees: Jessica Cemstian, Supervisor In-Home Services (Boys Town); Pam Bogue (Buena Vista Public Health & Home Care); Annette Koster, (BVCS Early Childhood Iowa); Jody Monroe, (Rosecrance Jackson Centers); Meredith Mickelson, (1st Five); Darla Perterson, HIV Special Projects (IDPH); Juana Mondragon, (Lutheran Services in Iowa); Emmalee Bolin, (Parent Partner); Shannon Williams, (Plains Area Mental Health); Merle Hinton, (CP-Tobacco Prevention); Trevina Jefferson, (Trepson); Juana Rodriquez, (Family Crisis Center); Dawn Sickelka, (Decat/CPPC);

Follow-Up/Review Previous meeting minutes

Copies of minutes provided to attendees for review. Consensus to approve.

BV County PCA Council

Annette K, Dawn S, and Meredith M attended the Prevent Child Abuse Iowa Regional meeting in Fort Dodge. Information from the Regional meeting was shared.

A Request for Proposal will be released sometime this Fiscal Year from Prevent Child Abuse Iowa. Council members discussed the type of programming to write for the grant. Consensus was held to write for Family STEPS parent education provided to families with children age 0-5 years. Discussed programing for older children. Boys Towns *Common Sense Parenting* and *Strengthening Families* was discussed. Both are group based. Currently Strengthening Families (LSI treatment Court) limited to treatment court participants. Boys Town has group based classes for two different age groups toddlers and preschoolers and school age. It is evidence based, toddler preschool is 7 weeks, and school age is 6 weeks. Boys Town looking to expand trainers to be in communities. Would need to include the cost of training the trainer and offering class and/or classes. Consensus by the Council to write for the *Common Sense Parenting*. Contact Sonja Fittje at Boys Town.

Family STEPS Update: Looking for part-time Spanish interpreter 5 to 10 hours a week with possibility of additional hours. If aware contact Buena Vista Public Health & Home Care or application on the website or call Pam Bogue at 712-749-2548. A name was provided. Collaboration with LSI for migrant kids attending school. Family STEPS Workers are busy.

CPPC Update – Dawn Sickelka

Programs are up and going. CPPC Report is complete. Buena Vista County in April 1000 area schools lending library, four different coffee shops provided 1000 stickers with prevention messages, wear blue day promoted, letter to the editor published, Buena Vista County Supervisors signed proclamation to declare April as child abuse prevention month. Girls on the Run (Juvenile Court) to build confidence in girls, libraries summer programs, Lighthouse project supplies at DHS office to families in need, served 38 families. Decat: specialized substance abuse and community service 370 hours completed. WRAP 27 request for DHS transportation, four alarms, etc. Coordination 27 local meetings, Shared Decision making status quo, managed six contracts, 433 breakout.

Nov 6th is the Community Partnership Statewide Meeting. Russ Bermejo, MSW will be the keynote topic Children and Family Futures and substance abuse. Annette K will email out the flyer.

NW ACE's Coalition, Zoom did not work properly. Talked about hosting the Resilience Iowa next year, possibly in Sioux County. Need people to serve on planning committee. Showcase what do really well around trauma informed care, ACEs, and Resilience. The day is a forum to come together to have discussion, a keynote speaker, lunch, and closing keynote. Questions asked if it is possible to offer Foster Parent credit or CEU's. Hard to do beings it is a learning session and not a conference. Working of access to a Drop Box. Will

have access to resource, meeting agenda etc. in the future. If not able to access Drop Box will go through personal email.

Early Childhood Iowa Updates – Annette Koster

Shared she has participated in the Children’s Behavioral Health System (mental health) meetings to develop an implementation plan for the Rolling Hills Region. Currently working on setting up workgroups to focus on: Governance Board Composition, Children’s Advisory Board, Corse Services Treatment, Comprehensive Facility and Community Based Crisis Services, and Core Services Plus.

Tobacco Updates – Merle Hinton

Working with day care/childcare and businesses on tobacco policies, encourage non-combustibles, healthcare providers and clinics to refer to Quitline Iowa. 800-quitnow (Iowa’s). Encourage your clients to use the Quitline as well. Juhling presentations includes the effects electronic has on health. Use a presentation Jackson Recovery put together, power point directly identify youth. Can also be used for anyone. Contact Merle if you know of someone who wants the presentation. 38 hospitalized 33 THC – high in poisons, can lead to nicotine poisoning. Inform about challenge, understand the addiction to nicotine. Vitamin E directive solidifies in lungs. Second hand vape, know it is not water vapor contains aerosols with chemicals and nicotine just as harmful as cigarettes. Pam B will share contact for school nurses.

Pregnancy Prevention Update – Juana Mondragon

Four groups in Storm Lake used the *Draw the Line* curriculum. Trained in various curriculums. Next week will be attending training on technology. Second grade presentation in the spring at Storm Lake schools, also working with Sioux Rapids, and Storm Lake High School.

Mikayla Morrison wanted to know who could present tobacco and vaping, Health teacher at Sioux Central was requesting information. Contact information Merle Hilton mrh1@mchsi.com.

Community Sharing: Coalition Attendee Updates

Meredith Mickelson, 1st Five: Meredith started in December. Handout – easy summary to describe 1st Five Healthy Mental Development Initiative (see attachment). The first five years are crucial, screenings are important, identify children at risk, ask doctors to provide. Identify developmental delays, concern family, physical, hearing, speech, identify and catch up before entering school. Ripple effect – positive/negative can make a change or impact in a child’s life. Referral needs to come from a medical provider, encourage clinics and doctor office to let know out there. 1st Five can link up to a variety of resources – relieve stress. Bridge medical provider and 1st Five and family. 1st Five in the link to parents can remind them of appointments, line up transportation, and community resources. Provides the medical provider with a written report. Circle completes the services. Helps the entire family. Can provide Ages and Stages to medical providers, parents answer questions. As a service provider if you suspect something, encourage the parents to ask their doctor about a referral to 1st Five. 1st Five will provide links the parent and child to appropriate community healthcare resource (a trickle down affect). 1st Five does not provide the service, they coordinate the services for the family, and follow up with the family and physician. Voluntary for the family.

Darla Peterson, IDPH HIV Special Projects: HIV Viral Suppression #2 81% living with HIV. Low number undetectable means non-transmittable, since 2010. Ending the epidemic with Travada (pill) for high risk people. Poverty, wages, low cost child care, all deterrents of health. 2018 16% with HIV had Gonorrhea. Risky behavior if had Gonorrhea will contract HIV later. STD’s higher across the country. Chlamydia up 7.9% Gonorrhea 18%, Syphilis 24% (seeing increase in women ages 15 to 19). Condom distribution program 340 locations over 2 million. Make available order at myiaconcoms.org. There are 18 people with HIV living in

Buena Vista County. 28% of HIV live in rural communities. Sioux City comes to Storm Lake to treat patients. Darla will send map to be distributed. Encourage HIV testing, test covered by insurance.

Pam Bogue, Buena Vista Public Health & Home Care: Couple projects to call attention to: Baby Bottle Tooth Decay distributing displays with medical and dentist. Brochure available in a number of languages. New grant 5210 – brochures provided. Looking for sub-committee members to develop an action plan to have kids make healthy choices.

Juana Rodriguez, Family Crisis Center – Community Health Clinic: Domestic abuse, families need to call for protection order, safety plan in home, relocates, meet with and find resources for identified need. Higher risk, have doctors screen and make referrals. Talk to staff on what to look for.

Emmalee Bolin, Parent Partner Coordinator in Western Service Area: Flyers distributed, hang up or give to parents.

Next Meeting Date: December 19, 2019 at 10:00 am Our Place
