

## NOTES: SAC COUNTY COALITION

Attendees:

February 10, 2020 | 9:00 am

Annette Koster, BVCS Early Childhood Iowa; Bailey Hill, CCR&R; Sara Pibla, East Sac County Community School; Mollie Scott, Decat/CPPC; Tami Trimble, Family Crisis Center; Lora Wright, ISU Extension & Outreach; Jamie Miller West, Mentoring; Donna Badding Fleener, Treatment; Natalie Reynolds, Parent Partners; Ann Osborne, Sac County Health Services; Deb Gimer, Child Care Nurse Consultant; Lisa Sculie, RRTS Support Caseworker, LSI;

### Meeting Called to Order

Mollie Scott called the meeting to order at 9:04 am.

### Follow-Up/Review 12-9-19 Meeting

Minutes were emailed out prior to the meeting. Lora W made a motion to approve, seconded by Jamie M W, approved by consensus.

### Presenter: Email Address:

If you have someone you would like to have present at this meeting please contact Mollie Scott or Annette Koster.

### Sac County Child Abuse Prevention Council:

Discussed Prevention message and materials for April:

Sac County Supervisor Proclamation:

Set date, Mollie S will call to schedule with Supervisors. Date of Proclamation **March 31<sup>st</sup> at 10:15 am**.

Let Sara P know the date.

Sara P will check into having student attend a read proclamation. Send proclamation, she will forward onto teacher so children can practice.

Newspaper ad, Mollie will contact Dale Wagler at the Sac Sun. Annette K will collect articles for the two page insert with ads.

Articles due by **March 16<sup>th</sup>**! Articles can be anything that assist parents, assisting parents to avoid stress will help in the prevention of child abuse. Consider having an ad placed in the Sac Sun to help with the cost.

Jamie M.W. color sheets for kids, take to businesses.

### CPPC Updates: Mollie Scott

Funding available, must be spent by the end of the year.

Working on Youth Based Mental Health First Aid and Lemonade for Life.

Save the date March 25<sup>th</sup> Mollie theme School Based Mental Health, will email flyer. <https://events.eventzilla.net/e/cppc-spring-2020-statewide-learning-convening-213877699>

### BVCS Early Childhood Iowa Updates: Annette Koster

Talked about the child care shortage in Sac County. Shared data provided to her during the BVCS Early Childhood Iowa Designation Visit. Currently 84% of households with children under age 6 with all parents in the workforce

Availability of Child Care Centers Slots for Children Under Age 3 in Sac County

Infants slots (ages 0-24 months) **52**.

Toddler slots (ages 24-36 months) **16**

Total < Ages 3 Slots **68**

# of children < Ages 3 **339** Difference: # children /# Slots = **(271)** Potential Need # children % households w/all parents Working **225**

Difference: Potential Need: **(157)**

See handout for sources of information.

Child Care Provided in Homes (data extracted from the DHS KinderTrack System on 18/2020)

Child Care Home with a Child Care Assistance Agreement = 1

Child Development Home Category C = 1

Talked about 3-County Board identifying child care as a high need. Invite Iowa Women's Foundation to help present to business community.

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## Community Partnerships:

Pregnancy Prevention: Mikayla Morris, BSW cell: 402.409.6185 email: Mikayla.morris@LSIowa.org

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Provided a card with Community Adolescent Pregnancy Prevention (CAPP) curriculum trainings listed including: *Love Notes*; *FLASH*; *Rights, Respect, Responsibility (3R's)*; *Power Through Choices*; *Draw the Line/Respect the Line*; *Making Proud Choices*; *TOP (Teen Outreach Program)*. Currently in Odebolt presenting *Draw the Line* and *How to Say No*. Will be in the Sac Middle School. Mikayla works with K-12 in Sac, Crawford, Buena Vista, and Cherokee Counties. Curriculum is usually presented during class time in schools. Letters are sent home to parents, use a passive consent. Grant requirement to have certain identified disciplines at the table, sign in sheet passed around.

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Tobacco Coalition: Kayla Struchen ph: 712-792-9266 ext. 602 email: kstruchen@newopp.org

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Working with two different grants. IPN requires representation from identified sectors similar to Pregnancy Prevention. **Missing youth, parent, law and faith. Work on including in the meeting.**

March is National Gambling Month – provided information on Sports Betting in Iowa.

Tobacco policies on smoking and vaping, able to provide free signage, window clings, education, up to business owners to enforce. New My Life My Quit – target audience adolescents includes vaping, smoking and other nicotine products. Offers a certified quit coach. Brochure provided. Text 855-891-9989.

Quit Line Iowa free service, brochure provided toll free phone number: 1-800-784-8669. Phone coaching, website, patches, gum, lozenges, quit workbook, text & email support.

I-STEP program at East Sac Middle School currently have 28 kids.

Vap free valentine flyer distributed.

Federal law went into effect 21 years of age to purchase (not state law) all tobacco products.

New product “puff bar” a loop hole found by tobacco companies.

Question: Do you know of a grant to help purchase a Vap Detector?

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## Coalition Attendee Updates

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Tami Trimble, Family Crisis Center: Flyer provided for WISH Unit. Integrated Advocacy for Services 880-382-5603

Meridth Michelson, 1<sup>st</sup> Five: I continue visiting medical clinics to talk and education about 1<sup>st</sup> Five (how clinics/1<sup>st</sup> Five can partner to help support families with young children be connected to resources)

Corona Virus... reminded to wash hands frequently, cover coughs, if not feeling well – stay home.

Jackie Duffy, Sac County Health Services: Flu shots available, can have as young as 6 months. Stay home if sick.

Ann Osborn, Sac County Health Services: Corona Virus different stages of virus, no vaccine available.

Started preschool dental screenings ( i-smile program) encourage parents to help brush young children’s teeth, muscle development not enough to brush properly.

Bailey Hill, CCR&R, Child Care Consultant: Conference will be held on April 25<sup>th</sup> in Wall Lake. The topic will be Infant-Toddler reading, open to all, registration required.

Sonya Fittje, Boys Town Iowa: Parenting Café Series starting Feb 27, 2020 at 6:00 pm, partnering with East Sac Schools. Flyer provided (hand directly to family members), sent out electronically, post on Facebook. Phone number to register 712-302-7999. Coordinating with Amanda to have the school food pantry open, the night of the classes. Free meal, child care. CPPC could pay for flyer to be in the Sac Sun, Lora with ISU Extension will send to Sac Sun see if will include, not sure beings it is not an ISU Ext project. The April 2<sup>nd</sup> date conflicts with Love n Logic classes.

Theresa W, Loring Hospital: Loring Hospital has launched a quarterly Health Beat: Heart Health Facts and Information.

February is American Heart Month. Save the Date: Andrea Oswald, ARNP to discuss heart health and atrial fibrillation (Afib). Learn about what defined the condition and discuss who is at risk for it, steps to reduce recurrence, and treatment plans. Feb 19, 2020 from 4:00 – 5:00 pm in the West Conference Room, Loring Hospital – Sac City.. Snacks and refreshments provided, for questions or to RSVP to this free event, call 712-662-6419.

Maria Garica, Lutheran Services in Iowa, BHIS: Behavioral Health is hiring a BHIS worker to cover Wall Lake to Strom Lake. Currently caseloads are full.

Danette Morgan, Lutheran Services in Iowa, Foster Parent Program: Flyer for Foster Care and Adoption Events: Feb 18<sup>th</sup> Ida Grove Hospital 6 pm and March 19<sup>th</sup> Sac County Extension office 6 pm. Please RSVP to Danette Morgan 712-229-3982 or [Danette.Morgan@lsiowa.org](mailto:Danette.Morgan@lsiowa.org). This area is really low in Foster Parents. Share the flyer with one person and hang up the flyer. Orientation is taking prior to taking classes.

Lisa Scuts, Foster Closet in Westside, provided list of items still in need, monetary donations are also accepted. The Support Worker will collect the items needed and take to the Foster Family.

Question: What type of suitcases are accepted? Some workers prefer duffle bags. Foster children may not have time to pack prior to placement. Will accept different types. Book bags are also collected.

Lora Wright ISU Extension & Outreach: Program being offered: agriculture, Leading Communities, Clover kids, Pick a Better Snack and ice fishing.

Volunteer Tax Assistance is being offered, free services, Sac County residents are the target recipients. Currently scheduled out until March 29<sup>th</sup>. Provided every Sunday from 1:00 to 4:00. If they are a no show, they are not rescheduled. Simple taxes, no deductions or farmers.

Jamie Miller-West Mentoring Coordinator: January is National Mentor Month held an appreciation for Sac, Carroll, Audubon and Greene Counties. Looking for Mentors. Become a Mentor and Fun Friends Mentoring News handed out.

Attended National Summit, spoke to national representatives. In the future look to have more education on career jobs.

School Based Mentor program in Wall Lake have more mentors than mentees, looking at structure. Mentor must be two years difference in age.

Community Based have two mentees looking for mentor. Mentor must be 18 years of age and need to have a six year difference in age.

Low response for the Love n Logic classes to be offered in Sac City, resent out with new start date.

Autumn Simonson, FDC Coordinator: Phone number: 712-662-3236. LIHEAP income maximums – FY 20 provided as a handout. Mobile Food Pantry (Foodbank of Iowa) will be held at 409 N 5<sup>th</sup> St, Sac City on Feb 19<sup>th</sup> and April 15<sup>th</sup> from 4:00 to 6:00 pm. Bring bags, laundry baskets or boxes to carry the food.

Donna Badding Fleener, New Opportunities, Treatment: Substance abuse in Sac City office on Monday for evaluations. Counseling Services, OWI evaluations, legal or seek help for substance abuse/recovery program. Medication Assisted Treatment (MAT) is now offered through a new on-site MAT clinic located at New Opportunities in Carroll. Phone 1-800-642-6330. Partnering with United Community Services (USC) help with opioid addiction, work with client's medication side. Clients who have opioid addiction use step down approach – counseling with counselor – monitored closely. Can provide more flyers if needed for your clients.

Natalie Reynolds, Parent Partner: is a program offered to families with an open case with the DHS, it can be voluntary or court ordered. The Parent Partner can sit in on Family Team Meetings, provide support and mentoring to the parent. Looking for a male Parent Partner, can only serve the same sex. Currently have no cases in Sac County. Coordinator name is Emily Bolin 515-577-8929 [emmaleeb@cfiow.org](mailto:emmaleeb@cfiow.org).

Deb Gimer Child Care Nurse Consultant: Work with child care and preschool with health and safety. Will be offering a Sun Safety training for child care.

Sara Ribel, East Sac County Principal Elementary: High Five Fridays are offered once a month. Invite business/community groups to high five and give encouragement when children enter school. If you would like to join in contact Sara.

Looking for a grant to purchase or borrow CPR and First Aid physical materials (dummies). Have two people trained to offer training to preschool teachers, associates and students prior to graduation.

Check with Sac County Ambulance, they purchased equipment with emergency preparedness funds. Loring Hospital would be another place to check.

Amanda Miller, East Sac County High School Counselor: Coordinate and run school food pantry/clothing once a week. Have 20 to 25 families weekly. Summer food program served 42 families. Name of school food program is Students Assistance Wheatland Fund. Mollie S reported Sac Fit did a food donation, people were unaware of program, and were confused by the name. Will be Partnering with Parent Café.

Bring student services to Sac County (Student Empowerment Team Meetings (SERT)). Would include monthly meeting involvement confidential, help meet student needs. School would do the invite: school counselor, community members, law enforcement, would meet monthly. Soya F provided information about Boys Town National Hotline Your Life Your Voice, free addresses depression, anxiety, suicide, average call is 15 to 20 min in length, 800-448-3000.

Mackenzie DeJong, Human Sciences Specialist for Family Life, ISU Extension & Outreach: Suicide prevention training for farmers. Will be offering the Early Childhood Rating Scale in Carroll, encourage early care and education providers to register. Quality Rating Scale credit for staff attending. Starts next Monday 2/17/20.

Powerful Tools for Caregivers will be offered in Carroll starting March 10<sup>th</sup> for six weeks, once a week from 3:00 to 4:30 \$10.00.

Take care of yourself, so you can take care of others.

Raising School Readers will be offered in Carroll focus on early literacy parents of preschoolers five weeks starts March 31<sup>st</sup>.

Working on Growing up Wild introduction for kids into nature.

Science of Parenting.org resource site. Newest adventure to start podcast and video in March. Facebook – blog, will sent out flyer in email.

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April 13, 2020 at 9:00 Location: ISU Extension & Outreach

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