



FAMILY STEPS

About the Program

Family STEPS is a voluntary home visitation program that offers support and education for families expecting a child or with children ages 0-5 years.

The program uses evidence-based parent education curriculum, provides screenings and assessments, and links families with community resources. Workers assist families with identifying strengths and needs which are used to set family goals.

Family STEPS is based on the preferences, needs, strengths, and risk factors identified through the assessment process. It emphasizes a family-centered approach to achieve the following outcomes:

- Optimal child safety, health, and development
- Improved family functioning, problem solving, and communication
- Improved nurturing and attachment between parent/s and child/children
- Improved parenting skills and family functioning

Eligibility for the program is based on a risk factor assessment. Risk factors include age, income, education, marital status, substance use/abuse, medical conditions, prenatal care, birth weight, and family history. A risk score of five or more indicates the family is at-risk.

Voluntary Program

**Funded by BVCS
Early Childhood
Iowa**



**Family Centered
Services**

**Care Coordination
& Links to
Community
Resources**

**Developmental &
Social/Emotional
Screenings**

FAMILY STEPS PROFESSIONALS

SERVING BUENA VISTA,
CRAWFORD, & SAC, COUNTIES

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**IOWA FAMILY SUPPORT
CREDENTIALLED PROGRAM**

Established 2000