Important Numbers

Fire and Police emergency - 911

Domestic Violence Hotline (Family Crisis Center)

1-800-382-5603 (24/7) or 712-449-7196

Healthy Families Line

800-369-2229

Iowa Child Care Complaint Hotline

1-844-786-1296

Report a child care business that is not meeting Iowa's child care rules.

Iowa Domestic Violence Hotline

800-942-0333

Iowa Concern Hotline

For stress, financial and legal issues. 800-447-1985 (24 hours/day)

Iowa Victim Services Call Center

800-770-1650

Sexual Assault Hotline (Centers Against Abuse & Sexual Assault)

1-877-362-4612 (24/7)

Social Service resource and referral – 211 (or www.211iowa.org)

Statewide Child/Dependent Adult Abuse Hotline

800-362-2178

(24 hours/day) –Report suspected abuse.

988 - Suicide & Crisis Lifeline

If you or someone you know is struggling or in a mental health crisis, help is available. Call or Text 988 or chat 988lifeline.org

Teenline

800-443-8336

National Human Trafficking Hotline:

888-373-7888 or text "Help" to BEFREE (233733)

If you need help or see something suspicious, call!

Call Specialists are available 24/7 to take reports of potential human trafficking. All reports are confidential, and you may remain anonymous. Interpreters are available.

Crawford County Resource Directory



Generic emails are provided; however, names and direct emails are not provided in an attempt to keep the directory current. Thank you

Revised: January 2023, update August 2023

Disclaimer: The services and information in this directory are not all inclusive of the resources in our community. If you are aware of other community services you would like to add to this directory or if you know of inaccurate information listed in this directory, please contact BVCS Early Childhood Iowa (page 9). Your assistance is greatly appreciated.

To print the booklet, select Print on both sides, Flip pages on short edge.

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Addictions – Counseling

> Alcoholics Anonymous

Phone: 712-263-5065

Gambling Hotline: 800-BETS-OFF (800-238-7633)

24 hours/day, 7 days/week

Information and referrals for gambling concerns – for yourself or others.

> New Opportunities, Inc. (Crawford County Tobacco Prevention)

Address: 23751 Hwy 30 East | Carroll

Phone: 712-792-9266 | https://www.newopp.org/

Quitline: 800-784-8669

Education designed to prevent tobacco use and drug and alcohol abuse. Programs available for: school-aged youth; adults (including workplace

education); and for communities through coalitions.

> Rosecrance® Jackson Recovery Centers

Main Office: 800 5th St, Sioux City, IA 51101

Phone: 712-234-2300 - 800-472-9018 Fax: 712-234-2399

Website: http://jacksonrecovery.com/ Office hours 8:00 am – 4:00 pm M – Th

Outpatient individual, family, and group crisis interventions, 24-hour

screen.

Service Organizations

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Service Organizations/Councils in and around Crawford County

Chamber and Development Council of Crawford County (CDC):

Phone: 712-263-5621 Fax: 712-263-4789

18 S. Main Street | Denison, IA 51442 Website: https://www.cdcia.org/

The purpose of this organization is to maintain, enhance and grow the economic viability of all Crawford County Communities.

Crawford County Child Abuse Prevention Council: The purpose of the Council is "to promote positive and safe environments for the children in out community through public awareness, education, and services designed to prevent abuse and neglect". The council meets bi-monthly, contact 712-263-3303 for more information.

Denison Library Friends :	Contact name
Denison Jaycee's:	Contact name
Crawford County Right to Life 712-263-3282 or 712-263-5579	
<u>Drug Al</u> cohol <u>To</u> bacco Coalition (Dr AlTo strategies around drugs, alcohol, and tobacco Phone 712-263-3303	
Lions Club (Carroll): www.iowakidsight.org Department of Ophthalmology and Visual Sciences 2346 Mormon Trek Blvd., Ste. 2700, Iowa City, IA Phone: 319-353-7616 Fax: 319-467-5091 email: kidsight@uiowa.edu	
Masonic Lodge (Manilla):	Contact name
Saint Rose of Lima PTL: Board meets monthly, parents assist at events. Contact name	
Schleswig Community Club:	Contact name
Southwest Latino Association:	Contact name

> Iowa Department on Aging

Department of Elder Affairs, Phone: 800-532-3213 or 515-725-3333

Website: https://www.iowaaging.gov/

The Iowa Department of Aging Strives to improve the quality of life of older Iowan's by connecting them to services provided by Iowa's six Area Agencies on Aging. Learn hoe you or your loved one can connect to nutrition services, caregiver support, case management, and more.

> Lifeline

Phillips Lifeline

Phone: 800-635-6156

Follow prompts for live person.

> Iowa Association of Area Agencies on Aging

Website: https://i4a.org/

Resources/Services/Agencies for seniors, caregivers, and person with

disabilities.

> Senior Health Insurance Information Program (SHIIP)

712-265-2509 or 1-800-351-4664 | https://shiip.iowa.gov/

Hours: 8:00 am - 4:00 pm M-F

Telephone consultation and free publications to provide information about the insurance questions faced by older adults, including Medicare coverage, Medicare Supplement Insurance Policies, Medicare Part D, Long-Term Care Insurance. In person conferences available.

Transportation

Emerald Cab Company

Phone: 712-269-1267

Max Taxi

Phone: 712-854-0254 or 712-267-9298

> Western Iowa Transit System

Region XII Council of Governments,

Denison Address: 615 Ave C | Denison, IA | https://region12cog.org/

Denison Phone: 712-263-6661 Carroll Phone: 712-792-9914

Door-to-door transportation services with flexible schedules to meet the needs of its riders. Per trip fee applies. Sixty buses and vans serve Audubon, Carroll, Crawford, Greene, Guthrie, and Sac Counties. Most of our buses are ADA accessible. Contact one of the above numbers at least 24 hours prior to the needed ride. Available to all citizens

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Crisis Phone Numbers

AnswerLine
Boys Town National Hotline
Compulsive Gambling(800)-BETS OFF (800)-238-7633)
County Wide Emergency/ Law Enforcement/Ambulance/Fire911 Non-Emergency712-265-2500 Crawford County Hospital
Healthy Families(800) 369-2229 Available all hours, all days - Prenatal, child health, and women's health care questions
Iowa Department of Human Services Centralized Intake (800)-362-2178 Report adult/child abuse.
Iowa Concern Hotline(800)-447-1985 Available all hours, all days - Financial questions, legal issues, family transitions, disasters
Law Enforcement 712-263-2146 Sheriff 712-263-2146 Denison Police 712-263-3195 Manilla (City Hall) 712-654-2632 M-F 712-263-2146 Schleswig (Sheriff) 712-263-2146 Vail (Sheriff) 712-263-2146 Westside (Sheriff) 712-263-2146
Mental Health Institute – Cherokee
Poison Control
988 - Suicide & Crisis Lifeline If you or someone you know is struggling or in a mental health crisis, help is available. Call or Text
Teen Line

Disability

Deaf Services Commission of Iowa - Department of Human Rights

2nd Floor Lucas State Office Bldg. | Des Moines, IA 50319

Phone: 888-221-3724 or 515-281-3164 Fax: 515-242-6119

https://humanrights.iowa.gov/cas/ds

... Resources - Relay Iowa - Relay Friendly Business Directory

... Interpreting list of interpreters

Easter Seals Society of Iowa & Camp Sunnyside

401 NE 66th Ave. | Des Moines, IA 50313-1243

Phone: 515-289-1933 Fax: 515-289-1281

https://www.easterseals.com/ia/

Easterseals Iowa has been supporting individuals with disabilities and special needs, and their families, to live independent lives for more than 90 years. Offering a variety of services to support people with disabilities as they address life's challenges and achieve personal goals.

> IOWA Compass (University of Iowa Health Care)

Phone: 800-779-2001 TTY: 877-686-0032

Email: <u>iowa-compass@uiowa.org</u> Website: <u>https://iowacompass.org/</u> Iowa compass connects people with disabilities and complex health-related needs to services and supports in their communities through Iowa.

➤ **Iowa Utilities Board,** by authority of the Legislature, oversees programs that provide telephone accessibility to Iowans who are deaf, hard of hearing, def-blind, or have difficulty speaking. https://iub.iowa.gov/consumers/telephone-programs-iowans-who-have-difficulty-hearing/relay-iowa

— **Relay Iowa** How to Connect – Dial 711 to use Hamilton Relay in Iowa or call one of the toll-free numbers below:

https://hamiltonrelay.com/iowa/

TTY: 800-735-2942 Voice: 800-735-2943

VCO (Voice Carry Over): 800-735-313

Speech-to-Speech: 877-735-1007

Visually Assisted Speech to Speech (VA STS): 800-855-8440

Spanish (includes Spanish to Spanish and translation from English to

Spanish: 800-264-7190

> Office of Ombudsman

Phone: 515-281-3592 | 888-IA-OMBUD (888-426-6283)

Email: ombudsman@legis.iowa.gov/Ombudsman/

A legislative office established to investigate complaints and answer questions concerning most state and local government agencies.

> Iowa Attorney General Consumer Protection Office

Phone: 515-281-5926 | 888-777-4590

Email: consumer@iowa.gov

Information and enforcement to protect consumers from fraud and ensure fair competition. The Attorney General's office also helps crime victims, raises child support awareness, and provides other legal services to the state of Iowa.

Iowa Attorney General Main Office

Phone: 515-281-5164 www.iowa.gov/government/ag Website: http://www.iowaattorneygeneral.gov/

> US Citizenship & Immigration Services

Phone: 800-375-5283

Website: https://www.uscis.gov/

Older Adults

> Crawford County Right to Life Lifelong Links

Phone: 712-263-3282 | 712-263-5579

Website: https://i4a.org/

Resources/Services/Agencies for seniors, caregivers and persons with

disabilities.

Crawford County Senior Center

Address: 201 S Main | Denison, IA 51442

Phone: 712-263-4950

Hours: M-F 8:00 am - 4:00 pm

Nutrition, transportation, recreation, Meals on Wheels, and information for

the elderly.

> Elderbridge Agency on Aging

603 N. West Street | Carroll, Iowa 51401 Phone: 712-792-3512 or 800-243-0678

7:45 a.m. - Noon 12:20 pm - 4:15 p.m. Monday-Friday

Website: https://elderbridge.org/

Eligibility: Persons 60 years of age or older and their families

Information, assistance, case management and/or advocacy for a full range

of senior needs. Informational meetings and programs for seniors.

> USDA Service Center (Farm Service Agency)

Address: 3707 Timberline Drive | Denison

Phone: 712-263-5018 (County Executive Director) | Fax: 855-211-4009

Phone: 712-263-4123 (Farm Loan Manager)

Hours: $M - F \mid 8:00 \text{ am} - 4:40 \text{ pm}$

https://www.fsa.usda.gov/

Farm Service Agency - Providing loans for farmers. Natural Resource

Services. Conservation assistance for farmers/urban.

Weatherization

West Central Community Action

1408a Hwy 44, PO Box 709 | Harlan, IA 51537 Phone: 712-755-5135 | Fax: 712-755-3235

Website: https://www.westcentralca.org/

Minor home improvements to reduce residential energy costs, available to homeowners and to renters. Typical steps include blowing insulation; sealing doors; duct sealing; and basic heating repair. Education given on use and maintenance of improvements made.

id maintenance of improvements made

Legal

> Iowa Legal Aid

Northwest Iowa Regional Office, 520 Nebraska Ave | Sioux City IA Phone: 800-532-1275 | Council Bluffs Phone: 712-328-3982

https://www.iowalegalaid.org/

Legal representation for low-income Iowans in selected situation. Information available on-line, in English, Spanish, Chinese, and Bosnian. On-line chat also available.

➤ Legal Hotline for Older Iowans 800-992-8161

https://www.iowalegalaid.org/

Hours: 9:00 – 4:30 M - F

A project of Iowa Legal Aid. Provides free, confidential legal advice and other services to Iowans age 60 or older. Information and advice about noncriminal issues, including: Consumer & Finance, Housing, Family Law, Grandparent Visitation and other issues, Individual Rights, Wills and Life Planning, Health Care, Public Benefits Nursing Home and Long Term Care.

> Iowa Concern Hotline 800-447-1985

https://www.extension.iastate.edu/iowaconcern/

Free, confidential 24/7 hotline to assist with issues causing stress, including financial, legal and other issues. Attorney on staff to provide legal information. Operated by Iowa State University Extension. Information and live chat available on-line.

> Iowa Department for the Blind

Address: 524 4th Street | Des Moines, IA 51309

Phone: 800-362-2587 or 515-281-1333

Email: contact@blind.state.ia.us

https://blind.iowa.gov/

The Department supports and encourages independent living and full participation in life – at home, at work and in communities. Offices in

Des Moines and field staff operating statewide.

> Iowa Vocational Rehabilitation Services (IVRS)

619 N. Carroll St. | Carroll. IA 51401

Office hours: 8:00 am -4:30 pm Monday-Friday

Phone: 712-792-9351 Fax 712-792-4460

Website: http://www.ivrs.iowa.gov/

Assists individuals who have disabilities to reach their employment goals. Appointments are needed. *Eligibility:* An individual must have a disability that affects his/her ability to be employed and must need rehabilitation services in order to work.

> Prevent Blindness Iowa

Address: 1111 9th Street, Ste. 250 | Des Moines, IA 50314

Phone: 800-329-8782 or 515-244-4341 Website: https://iowa.preventblindness.org

Prevent Blindness Iowa is at work in communities across Iowa with sight-saving programs for children, adults, and older citizens.

Dedicated to preventing blindness and preserving sight through public and professional education, early detection, patient services and

research.

> WESCO Industries "Empowering People"

415 11st Street | PO Box 340 | Denison IA, 51442

Phone: 712-263-6141 Fax: 712-263-4886

https://wescoind.org/

Comprehensive range of services to assist individuals with disabilities to be as independent as possible, including Daily Supported Community Living; Supported Employment Services: Residential Services; Adult Day Services; Children / Adult Respite; Day Habilitation; Steeping Stones Transitional Living Center.

— The Bake Shop (a program of Wesco Industries)

1303 Broadway | Denison, IA 51442

Phone: 712-263-5552

Hours: 7 AM - 4 PM Tuesday – Friday | 8 AM – 2 PM Saturday |

Closed Mondays

Education

> Child Care Centers

Boyer Valley Campus Care | 212 S School Street | Dow City 51528

Phone: 712-674-3826

Children's Imagination Station | 1826 3rd Ave South | Denison 51442

Phone: 712-263-7100

Little Hawks Childcare Center | 753 Main St, Box 187 | Manilla 51454 Phone: 712-654-5500

> Preschools

Ar-We-Va Little Rockets | Westside - Phone: 712-263-4311 Charter Oak-Ute | Charter Oak - Phone: 712-678-3325

Denison Community School District | Denison - Phone: 712-263-3104 IKM Irwin, Kirkman, Manning, Manila | Manning - Phone: 712-782-3126

Immanuel Lutheran | Schleswig - Phone: 712-676-2235 Saint Rose of Lima | Denison - Phone: 712-263-5408

Unity Ridge Lutheran (formally Zion) | Denison - Phone: 712-263-4766 West Central Comm. Action | Head Start Preschools: 800-698-5886 (page 12)

Colleges

Buena Vista University | Denison – Phone: 712-263-2127 IA Western Community College | Harlan – Phone: 712-755-3568 Job Corps, 10 Opportunity Drive | Denison – Phone: 712-263-5562 Western Iowa Tech Community College (WIT) | Denison - Phone:712-263-3419

> North West Area Education Agency (NW AEA)

Administrative Office

1520 Morningside Ave. | Sioux City, IA

Phone: 800-352-9040 Fax: 712-222-6123

https://www.nwaea.org/

Denison Office

2008 Highway 59 S | Denison, IA 51442

Phone: 712-263-4625

Regional support system for K-12 school districts, providing special services, training, and technical assistance for school staff, students, and

their families.

Government Offices in Crawford County

> Crawford County Courthouse

Courthouse Address: 1202 Broadway | Denison, IA 51442

Website: https://www.crawfordcounty.iowa.gov/

Assessor – Phone: 712-263-3447 Auditor – Phone: 712-263-3045

Clerk of Court – Phone: 712-263-2242 Conservation Board – Phone: 712-263-2748 County Attorney – Phone: 712-263-2601 Crime Stopper – Phone: 712-263-4050

Driver's License (renew driver's license) Phone: 712-263-3439

Engineer – Phone: 712-263-2449

Mental Health/Veterans Affairs – Phone: 712-263-2720

Treasurer (taxes) 712-622-7411

Motor Vehicle – Phone: 712-263-2178 Property Tax – Phone: 712-263-2648 Assessor – Phone: 712-263-3447 Recorder – Phone: 712-263-3643 Landfill – Phone: 712-263-5945

Sheriff (non-emergency) – Phone: 712-263-2146 County Supervisors – Phone: 712-263-3340 Weed Department – Phone: 712-263-6337 Zoning Board – Phone: 712-263-3447

Septic/Well Permits, Well Water Testing – Phone: 712-792-9532

City Hall | Denison – 712-263-3143

Social Security Administration | 818 N. Bella Vista Dr. | Carroll, IA

866-572-8371 | TYY: 800-325-0778 | https://www.ssa.gov/

Housing Assistance

Region XII Regional Housing Authority

Address: PO Box 663, 320 E 7th Street | Carroll IA 51401

Phone: 712-792-5560; Fax: 712-792-1650

Section 8 rental housing vouchers available to households meeting income guidelines, for use in paying for housing that meets rental guidelines and inspection.

Region XII Council of Governments

Address: 1009 East Anthony St, PO Box 768 | Carroll, IA 51401

Phone: 712-792-9914; Fax: 712-792-1751

Website: https://region12cog.org/

Housing assistance to benefit low to moderate income home buyers or home owners, including a Revolving Loan Fund for home repairs, and down payment assistance. Region XII COG also assists communities with housing issues on a larger scale.

Plains Area Mental Health Center – Turning Point

Phone: office: 712-662-8059 home: 712-662-8055 fax: 712-662-8054 Turning point is an 8 bed crisis home that provides mental health services in a less intensive environment than an inpatient setting. The average length of stay is 3 to 5 days. The program is voluntary. We aim to provide an option for 24 hour mental health care without the need for Court Commitment.

— **MCAT Mobile Crisis** (Buena Vista, Calhoun, Carroll, Cherokee, Crawford, Ida, Sac, or Woodbury County)

The Mobile Crisis Assessment Team (MCAT) provides on-site, inperson intervention for individuals experiencing a mental health crisis. 24/7 program for children and adults that dispatches mental health professional to homes, schools, ERs, or other public places where a mental health crisis (increased depression, anxiety, insomnia, medication management, suicidal ideation, psychosis, or significant change in life) is occurring. MCAT is dispatched through 911 or by contacting Plains Area Mental Health Center at 712-546-4624.

Rolling Hills Community Services

Phone: 712-297-5292 ext. 237 | https://www.rollinghillsregion.com/ Rolling Hills Community Services Region is committed to ensuring access to high quality, value-added community-based services for all eligible citizens within our communities that encourage resiliency, stability, and growth. Resource Connection — online resource directory for the Rolling Hills Region.

> St. Anthony Mental Health Services

St. Anthony Regional Hospital | https://www.stanthonyhospital.org/ 405 S. Clark Street | Carroll, IA 51401

Phone: 800-562-6060 - available 24-hours for crisis and non-crisis calls Outpatient Services (712) 794-5435

Inpatient and outpatient care for a variety of mental health needs, including psychiatric consultation and treatment along with counseling for individuals, couples and families.

> Season Center

Outpatient Therapy and Specialized Trauma Services

Office location: 524 E 7th St. | Carroll, IA

Phone: 1-800-242-5101 - referrals and appointments Crisis Line: (844) 345-4569 | https://seasonscenter.org/

Outpatient therapy: Seasons provides outpatient therapy services to the following populations: adults, couples, families, children, and teenagers/young adults. We also offer therapy in Spanish for Spanish-speaking clients and services to individuals with co-occurring disorders Specialized trauma services: Our specialized trauma services provide healing and supportive services to children and their families in 10 northwest Iowa counties that have experienced trauma and have parents or caregivers who are on the path to recovery.

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> Elementary

Ar-We-Va | Westside – Phone: 712-663-4311

Boyer Valley | Dow City – Phone: 712-674-3248

Charter Oak-Ute | Charter Oak – Phone: 712-678-3325

Denison Community | Denison (K-3) – Phone: 712-263-3104

Denison Community | Denison – (4-5) Phone: 712-263-3103

IKM-Manning | Irwin – Phone: 712-782-3126 St. Rose of Lima | Denison – Phone: 712-263-5408

Schleswig | Schleswig - Phone: 712-676-3314

Unity Ridge Lutheran (formally Zion) | Denison – Phone: 712-263-4766

➤ Middle Schools

Ar-We-Va | Westside – Phone: 712-663-4311 Boyer Valley | Dunlap – Phone: 712-643-2251

Charter Oak-Ute | Charter Oak – Phone: 712-678-3325 Denison Community | Denison – Phone: 712-263-9393

IKM-Manning | Manning – Phone: 712-655-3761 St. Rose of Lima | Denison – Phone: 712-263-5408 Schleswig | Schleswig – Phone: 712-676-3313

Unity Ridge Lutheran (formally Zion) | Denison – Phone: 712-263-4766

> High Schools

Ar-We-Va | Westside – Phone: 712-663-4311 Boyer Valley | Dunlap – Phone: 712-643-2258

Charter Oak-Ute | Charter Oak – Phone: 712-678-3325 Denison Community | Denison – Phone: 712-263-3101

IKM-Manning | Manning – Phone: 712-655-3781 St. Rose of Lima | Denison – Phone: 712-263-5408

Unity Ridge Lutheran (formally Zion) | Denison – Phone: 712-263-4766

Employment and Public Libraries

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> Iowa WORKS

504 Hwy 39 N | Denison, IA 51442 Phone: 712-792-2685 | 866-239-0843

8:30 a.m. – 4:30 p.m. Hrs: M, T, Th, F and Wed 9:00 – 4:30

Email: DenisonIowaWORKS@iwd.iowa.gov

Website: https://www.iowaworkforcedevelopment.gov/

Primary services: job placement, job insurance filing, services for veterans, labor market information, re-employment services. **Additional services**: pre-employment training, skills assessment, resume writing, on-the-job training, at-risk youth. A **Resource Center** is available Monday-Friday 8:30 a.m. – 4:30 p.m. for use of computer equipment.

> Iowa Vocational Rehabilitation Services

619 N. | Carroll St.

Phone: 712-792-9351 Fax: 712-792-4460

Website: https://ivrs.iowa.gov/

Assist people with disabilities to return to the workforce.

> Job Corps

National Info-Line: 800-733-JOBS; (800-733-5627) https://www.jobcorps.gov/ Denison Job Corps Center 10 Opportunity Dr, P.O. Box 610, Denison, IA 51442

Phone: 712-263-4192 or 712-265-2300 Fax: 712-263-6910

https://denison.jobcorps.gov/

Education and training of young persons: ages 16-24, solo parent

program on site.

For application information: contact one of the numbers above.

> Promise Jobs

Phone: 1-866-239-0843, your call will be routed to your local IowaWORKS office. | Email: PROMISEJOBS@iwd.iowa.gov

Promoting Independence and Self-Sufficiency Through Employment,
Job Opportunities and Basic Skills (Promise Jobs) Iowa's TANF
Employment & Training program designed to assist cash assistance recipients to become self-sufficient through participation in work ready activities.

> Public Libraries

Mental Health & Counseling

> 988 - Suicide & Crisis Lifeline If you or someone you know is struggling or in a mental health crisis, help is available. Call or Text 988 or chat Lifeline (988lifeline.org)

Catholic Charities

1601 Military Road | Sioux City, IA | Phone 712-252-4547

Website: https://catholiccharitiesusa.org/

Mental health counseling.

Welcome program, help with immigration and additional support services. Consultation, assistance with permits and documents, connection to community services, immigration legal services.

Crawford County Medical

Phone: 712-263-5071

Cherokee Mental Health Institute

1251 West Cedar Loop | Cherokee, IA 51012

712-225-2594 (24 hours a day)

https://hhs.iowa.gov/mhds/mental-health/in-patient/mental-health-institutes/cherokee Inpatient treatment for adults, adolescents and children who are in need of acute psychiatric service. Adolescent and children age 7-17 served. Services available only upon referral by a county's CPC (Central Point of Coordination for mental health services); in Crawford County Plains Area Mental Health see page 15.

➤ Lutheran Services in Iowa (LSI Clinical Services)

205 South 7th Street | Denison, IA 51442 | https://lsiowa.org/

Phone: 712-263-9341 | Fax: 712-263-6061 Central Intake Number: 888/457/4692

No person should feel helpless or alone when it comes to their mental health. LSI's Mental Health Services empower Iowans along the way to a healthier and happier future. Most insurances accepted, flexible appointments, specialized in a variety of therapies.

> Manning Family Recovery Center

1550 6th Street | Manning, IA 51455 Phone:712-655-2072 | 800-656-6372

Website: http://www.mrhcia.com/wordpress/recovery-center

Adult chemical dependency/treatment/residential and out-patient services. Adolescent outpatient (12-18 yrs.); Prevention/ intervention/evaluation; OWI evaluation.

> Plains Area Mental Health Center

515 Hwy 39 | Denison, IA 51442

Phone: 712-263-3172 Fax: 712-263-5756

8:00 am to 8:00 pm M 8:00am -5:00pm T-F Website: https://plainsareamentalhealth.org/

Purpose is to provide supportive counseling and therapeutic interaction, emergency services, school-based programs, community link mentoring program.

> Chiropractors:

Anderson Chiropractic 139 N 7th St | Denison, IA 712-263-2900

Denison Chiropractic PC 17 S 14th | Denison, IA 51442

Denison, IA 51442 <u>Steven Oatman, DC</u>

Phone: 712-263-5608

Dreyer Chiropractic LTD

203 N Main | Denison, IA 51442 Ronald Dreyer, DC

Phone: 712-263-3155

Lambert Family Chiropractic

909 4th Ave S | Denison, IA 51442 Derek Lambert, DC

Phone: 712-263-4545

Segebart Chiropractic

1607 4th Ave S | Denison, IA 51442 <u>Jacob Segebart, DC</u>

Phone: 712-263-6546

Schleswig Chiropractic Clinic 204 Birch | Schleswig, IA 51461

Doris Nahnsen, DC

Phone: 712-676-3307

> Vision

Family Eye Care 1504 5th Ave S Denison 712-263-5654

Vision Care Clinic 201 N Main | Denison 712-263-2020

> Nursing Homes & Assisted Living

Denison Care Center 712-263-5611

Dunlap Nursing & Rehab Center 712-643-2121

Eventide Lutheran Home 712-263-3114

Manning Plaza 712-655-8125

Odebolt Nursing & Rehab 712-668-4867

Reed Place (Assisted Living) 712-263-8657

Dunlap Assisted Living 712-643-2133

Silveridge Assisted Living 712-263-2639

Pharmacies

Hy-Vee 1426 Broadway | Denison 712-263-6161

Thrifty White 1320 Broadway | Denison 712-263-4646 Wal-Mart 510 Ave C, Denison 712-263-2012

Families - Children & Youth

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Baby's Boutique

Crawford County Community Health

Phone: 712-263-3303 Call for location A program to assist parents with children up to one year of age.

Boys Town (see page 17) https://www.boystown.org/

> Buena Vista, Crawford, Sac, Early Childhood Iowa

PO Box 174 | Breda, IA 51436 9:00 am 4:30 pm Monday-Friday

Phone: 712-673-4610 Website: http://bvcsearlychildhoodiowa.org/
The BVCS Early Childhood Iowa 3-County Board provides funding to early childhood programs for children prenatal through age five through a Request for Proposal process. **Preschool Tuition Scholarships:**Financial assistance in paying for 3 & 4-year-old preschool tuition to a local preschool. Sliding fee determined by income. Application required available at participating preschool, BVCS ECI website, or calling the office.

Child and Adult Care Food Program West Central Community Action

Address: 1408a Hwy 44, P.O. Box 709 | Harlan, IA 51537

Phone: 712-755-5135

Website: https://www.westcentralca.org/

Subsidizes healthy meals and snacks in participating registered child care homes and licensed child care centers. Child care providers: call for information on how to participate.

➤ Child Care Resource and Referral (CCR&R)

Mid-Sioux Opportunity Inc. 418 Marion St | Remsen IA 51050 Phone: 800-859-2025 or 712-786-2001 Email: info@midsioux.org

Website: https://iowaccrr.org/ | CCR&R funding is provided by HHS. Help communities expand access to affordable quality child care. Let CCR&R help your community take action to improve services for our children and our economic future. Child Care data available for the state and per county yearly, 5-year and 10-year trends. Business Development

Specialist Phone: 712-786-3489.

Request Iowa Department of Human Services application packet from

your local CCR&R office for Child Development Home or Child Care Home accepting Child Care Assistance email ccrr@midsioux.org.

Registration application information https://iowaccrr.org/providers/AP/CliffCondens/

Child Care Resource and Referral Parent Services Team (CCR&R) Phone: 855-244-5301 (588-CHILD-01). CCR&R refers parents to programs that are most likely to meet their specific needs. Referrals are provided so that parents can investigate all of their options – centers, homes, preschools etc. CCR&R gives referrals instead of recommendations or suggestions because CCR&R encourages parents to take the time to research child care programs and providers and make the decision that they feel will be best for their family.

Mid-Sioux Opportunity, Inc. | CCR&R | https://iowaccrr.org/staff/

Phone: 712-541-2432 | Consultation to assist with HHS

registration/licensing process (non-regulatory). Provides information on a variety of child care issues including business management and quality ratings.

➤ Child Care Nurse Consultant | https://hhs.iowa.gov/hcci/consultants

Crawford County Community Health

Address: 105 N Main | Denison | Phone: 712-263-3303

Website: www.crawfordcountyhealth.com

The Child Care Nurse Consultant provides health and safety issues/trainings in/for early care and education environments.

▶ Child/Dependent Adult Protection –

Phone: 1-800-362-2178 Hotline (24 hours/day).

Report suspected abuse - Statewide Child/Dependent Adult Abuse

> ISU Extension & Outreach, Crawford County

35 S Main St. | Denison, IA 51442 | Open M – F 8:00 am – 4:40 pm

Phone: 712-263-4697 | Fax: 712-263-3366

Email: Crawford@iastate.edu

Website: https://www.extension.iastate.edu/crawford/

Research-based, information for families (nutrition, family life, money management, youth (4-H and other programs), agriculture,

communities, and business and industry. Specific services include workshops, publications in print and on-line, individual

consultation and more.

> Crossroads of Crawford County Outreach Pregnancy **Crisis Prevention**

3707 Timberline Drive, Suite 3 | Denison, IA 51442

Phone: 712-393-4673 (HOPE)

Website: https://crossroadsofcrawfordcounty.org/

Crossroads of Crawford County is a Christian outreach for the people and communities in Crawford County. Matching people with resources to fit their personal or family needs while encouraging and supporting them through the situation. Including: Life Launch Matching Grant,

Pregnancy Resource Center & the Family Den

➤ Health Care Providers

Crawford County Medical Clinic

100 Medical Drive | Denison, IA 51442

Phone: 712-265-2700 | 712-263-5071 | 712-263-3033

Fax: 712-263-1777

Specialty Clinic Phone: 712-265-2600

Elizabeth Ranniger (Pediatrics)	Karl Hasik, M.D. (OB-GYN)
John A. Lothrop III, MD	Bradley Lister, MD (Orthopedics
John Ingram, MD	Michael E. Thorstenson, MD (surgery)
Jill Kierscht, ARNP, MSN	Kathy Berens-Brownmiller, PA-C
Julie Graeve, ARNP, MS	Lori Johannsen, PA-C (Orthopedics)

Doug Bolda, MD (Orthopedics)

St. Anthony's Medical Clinic

Charles Svenson, MD Jacqueline Crampton, ARNP 1820 4th Ave S | Denison, IA 51442 Phone: 712-263-6116 | Fax: 712-263-6115 DeRae Schroeder, DNP 235 HWY 30 | Westside, IA 51467 Dominik Ervelli, DO

Phone: 712-663-4371 | Fax: 712-663-4370

> Dentists:

Broadway Dental Julianna Hall, DDS 1415 Broadway | Denison, IA Jessica Martens, DDS

Phone: 712-263-5615

Pediatric Dentistry

28 N Main St | Denison, IA Arron Williams, DDS

Phone: 712-263-2111

32 & You Family Dental & Orthotropic Arts

1328 Broadway | Denison, IA Ryan Bygness, DDS

Phone: 712-263-3252

> Medical Equipment:

CCHHH&PH- Community Equipment Loan Program

105 N Main | Denison, IA 51442

Phone: 712-263-3303

Home Care Medical

18 N Main | Denison, IA 51442

Phone: 712-263-8016

Topko Home Equipment

1401 Broadway | Denison, IA 51442

Phone: 712-263-8464

> Healthy Pregnancy Program

New Opportunities Inc. 23751 Hwy 30 | Carroll, IA 51401 https://www.newopp.org/ | Phone: 712-792-9266 extension 1100

Iowa's Healthy Pregnancy Program is a FREE services available statewide and provides education and support to pregnancy and postpartum women. Healthy Pregnancy Program services are extra services clients receive beyond what is included in prenatal care. The Healthy Pregnancy Program offers services and supports to address the following: no insurance or underinsured, transportation barriers, oral health concerns, poor social situations, mental health concerns, food or housing needs, breastfeeding difficulties, need for extra health education and substance use disorders.

> WIC see Food Resources page 18.

→ Managed Care Organizations (MCO)

The IA Health Link program is administered by contracted Managed Care Organizations (MCOs) which provide members with comprehensive health care services, including physical, behavioral and long-term care services and support. The MCOs have a comprehensive network of health care providers that ensures quality care to all Medicaid members.

Iowa Medicaid Member Services Mon – Fri 8 am to 5 pm

Phone: 1-800-338-8366 | https://hhs.iowa.gov/ime/about

Iowa Total Care Phone: 1-800-404-1061 | www.iowatotalcare.com Amerigroup Iowa Phone: 1-800-600-4441 | www.myamerigroup.com/ia.

Getting Help 24/7 (Amerigroup Members):

 $\underline{https://www.myamerigroup.com/ia/care/care-options.html}$

Molina (844) 243-4879, TTY 711 | Mon.-Fri. 8 am to 8 pm

https://www.meetmolina.com/

> Area Hospitals

• Saint Anthony Regional Hospital

Address: 311 S Clark | Carroll, IA 51401

Phone: 712-792-3581 https://www.stanthonyhospital.org/

• Crawford County Memorial Hospital

Address: 100 Medical Parkway | Denison, IA

Phone: 712-265-2500 or 888-747-0852 Fax: 712-263-1600

Website: https://www.ccmhia.com/

Provides all major hospital services and clinical services. Ambulance services calls. Marketplace Certified Application Councilors for the Affordable Care Act Application available.

Telecare – 712-263-5691 Telephone contact to Denison elderly daily.

• Manning Regional Healthcare Center

Address: 1550 6th Street | Manning, IA 51455

Phone: 714-655-2072 | Website: http://www.mrhcia.com/

The Manning Regional Healthcare Center provides comprehensive

health care.

> Decat/CPPC (Serving Crawford and Sac Counties)

(Decatorganization/Community Partnership for Protective Children) 608 N Court | Carroll, IA 51401

Phone: 712-792-4391 ext. 239

Email: mscott@dhs.state.ia.us | https://hhs.iowa.gov/decategorization A local child-welfare/juvenile justice community planning initiative designed to lead and advocate local prevention, family-centered, and community-based activities to decrease out-of-home and community placements. Promote the four strategies of CPPC: Shared Decision Making, Community/Neighborhood networking, and Policy Practice change.

> Early Head Start

West Central Community Action 1408A Hwy 44 | Harlan, IA 51537 Denison Address: 1500 5th Ave South, Denison, IA 51442 Phone: 712-263-5562 | Website: https://www.westcentralca.org/

"Provides quality age-appropriate educational opportunities for children and families for ages prenatal up to age 5 including children with a

disability."

Administrative Office: Harlan IA – (800) 698-5886

> Family Development and Self-Sufficiency (FaDSS)

West Central Community Action 1408A Hwy 44 | Harlan, IA 51537 Phone: 712-755-5135 or Onawa office: 712-423-2603 (home visitor)

Website: https://iowacommunityaction.org/

FaDSS is a state-sponsored program to help families who are receiving FIP work to become self-sufficient, through home visits and work with a Family Development Specialist. *Eligibility:* Adult member of household must receive FIP (cash assistance through HHS). Call for appointment.

> Family STEPS Program

Crawford County Community Health Address: 105 N Main | Denison, IA 51442

Phone: 712-263-3303 Fax: 712-263-4033

Website: https://www.crawfordcountyhealth.com

Free home visits providing support and education to expectant parents and to parents with children up to age 5. Designed to help provide children a healthy start and to reduce the stress associated with the birth

of a baby. No income guidelines.

> Family Support Coordinated Intake (State Level):

Phone: 1-888-IAKIDS1 (1-888-425-4371) | email: earlyaccessia@vnsdm.org

Website: https://www.iafamilysupportnetwork.org/

Coordinated Intake is to provide coordinated access to home-based prenatal instruction/child and family support services. Families prenatally and or with children through age five years of age to ensure appropriate referrals, prevent duplication of services, and identify and address gaps in services. Information specialists are available via telephone and e-mail, Monday through Friday, 8:00 a.m. to 7:00 p.m.

➤ Head Start

West Central Community Action 1408A Hwy 44, Harlan, IA 51537

Website: https://www.westcentralca.org/

Harlan Office: 1-800-698-5886 | 712-755-7537 Head Start Classrooms located in Denison Address: 1826 3rd Ave South, Denison, IA 51442

Phone: Denison I- 712-263-7105 - Phone Denison II: 712-263-7106 Head Start is a federally funded preschool program for children age three and four by September 15 of the school year. The program offers comprehensive services to enrolled children and their families. Children at Head Start receiving nutritious meals, active learning experiences and dental and health gives, support is offered for children with disabilities. Families of enrolled children are encouraged to become involved and are connected to resources and community services as needed. The Head Start program is child-focused with the overall goal of increasing the school readiness of young children. Income guidelines apply.

> Juvenile Court Services

Crawford County Juvenile Court Services Dept. Address: 2nd Floor, Crawford County Courthouse

1202 Broadway, Denison, IA 51401

Phone: 712-263-5442 Fax: 712-263-5468 Emergency number on call machine 712-263-3195 (Denison Police)

Hours: 8:00 am – 4:30 pm M-F

Handles matters pertaining to juveniles 17 years of age and younger who have committed crimes.

> Crawford County Community Health

<u>Hospice</u>: Hospice is a program of palliative and supportive services which provides physical, psychological, social, and spiritual care for dying persons and their families. Bereavement the Hospice team attempts to be present at time of death to offer support and reassurance to the family <u>Iowa Breast & Cervical Cancer Early Detection – Care for Yourself Program</u>: A special service for women age 40 to 64. You may be eligible to receive a variety of health examinations at no cost to you if you have no health insurance, a policy that does not cover these services, or you cannot pay your deductible or co-insurance.

<u>I-Smile (Dental):</u> The I-Smile Program provides oral health screenings; oral health education; nutrition education relating to oral health; fluoride varnish application; and a referral to a dentist for comprehensive dental needs. The program targets pregnant women and children under the age of 21.

<u>Child Care Nurse Consultant:</u> consultation to early care and education environments see page 10.

> hawk-i (Healthy and Well Kids in Iowa)

hawk-i health care coverage for uninsured children of working families. Low or no cost. The *hawk-i* program offers dental only coverage for children who have health insurance but may not have dental coverage.

Phone: **800-257-8563** (Mon-Fri, 8 a.m.-7 p.m.)

Email: <u>Hawki@dhs.state.ia.us</u> | Website: <u>https://hhs.iowa.gov/hawki</u>
To qualify, a child must: live in Iowa, Be under 19 years old, Have no other health insurance (including Medicaid), Be a citizen of the United States or a qualified alien, Be in a family that meets the hawk-i income limits, Cannot be the dependent of a State of Iowa employee

> 1st Five

New Opportunities, Inc.

Address: 23751 Highway 30 East | PO Box 427 | Carroll, IA | 51401 Phone: 712-792-9266 extension 1118 | https://www.newopp.org/

1st Five Healthy Mental Development Initiative: Program: Physician referred care coordination services for children ages 0-5 and their caregivers Participants have demonstrated a developmental concern or have expressed family stress, depression, or lack of resources. Children and their families are then linked with community resources for guidance and support.

> Crawford County Community Health

Address: 105 N Main, Denison, IA 51442 Phone: 712-263-3303 | Fax: 712-263-4033

Website: https://www.crawfordcountyhealth.com/

<u>Skilled Nursing/Home Health:</u> Home Health or D&D (Disease and Disability) Nurses provide home visits to clients to assess health care

needs and provide other health care services.

Clinics: call for appointments:

<u>Child Health Clinic</u>: Child Health provides a variety of medical services based on the child's age and needs. Services may include physical examinations, immunizations, vision testing, doctor and dental referrals, nutritional and family counseling. Clinics will be held at the Methodist Church in Denison

<u>Family Planning Clinic:</u> Family Planning offers birth control, pregnancy tests, physical exams, cancer screenings, pap smears, breast exams, blood pressure, anemia screenings, tests and treatment for sexually transmitted diseases. Confidential HIV screening and counseling by appointment. Proof of identity and proof of one full month's income (check stubs for the entire month) is required.

<u>Family Planning Supply Pickup:</u> 2:00 to 4:00 p.m. on Wednesdays and 2:00 to 4:00 p.m. on Fridays, at the Public Health Office, 105 N. Main Street in Denison, or schedule an appointment.

Family STEPS: in-home visitation for prenatal – age five see page 11. Immunizations Clinics: Clinics will be held at the Public Health Office, 105 N. Main Street in Denison. These are walk-in clinics with no appointment needed. At Immunization Clinics, nurses give recommended immunizations to children 2 months old through 18 years of age. Parents must accompany the child to the clinic. A \$20 donation per child is suggested to help defray expenses. Please bring child's social security number, all immunization records and Title 19 card (if applicable). If you're insurance covers immunizations, including hawk-i insurance, please take your child to your family physician.

<u>Lead Screening:</u> Available at all Immunization Clinics for children 12 months old to 6 years old.

<u>Senior Health Clinic:</u> This is a clinic for individuals 60 years of age and older. Physical examination includes cholesterol, blood sugar,

hemoglobin and blood pressure screening. Tetanus

Community Equipment Loan Program: See page 23

<u>Case Management for Frail Elderly:</u> Case Management is available to any person regardless of income, who is age 60 or older.

<u>hawk-i</u>: health care coverage for uninsured children of working families.

Lutheran Services in Iowa

Address: 205 S 7th St, Denison, IA 51442

Phone: 712-263-9341 Fax: 712-263-6061

M- F 8:00 am – 4:30 pm Website: https://lsiowa.org/

Behavioral Health Intervention Services (BHIS):

Work with child/ren struggling with a serious behavioral or emotional disorders. The BHIS team wraps care around a child's entire family to empower then with skills like anger management, healthy decision-making and problem solving.

Foster Care and Adoption

Family preservation, foster care and adoption services. Providing support to current Foster families, help families through the process of becoming foster or adoptive parents and provide families with support along the way.

Pregnancy Prevention Program

The program supports and educates Iowa youth and teenagers. We lift up students in need of peer support, guidance, or a listening ear, and we introduce them to healthy decision-making to prevent high-risk behaviors.

> North West AEA/Early ACCESS

2008 Highway 59 S. - Denison, IA 51442

Phone: 712-263-4625 Fax: 712-263-3190

Administrative Office: 1520 Morningside Ave - Sioux City, IA 51106

Phone: 800-352-9040 Fax: 712-222-6123

Website: https://www.nwaea.org/

System of early intervention services for children with or at risk of developmental delays. Early ACESS 0-3; AEA 3-18.

> Parent Partner Program

Website: https://hhs.iowa.gov/Child-Welfare/parentpartner/families
Kristine Miller, Parent Partner Coordinator (Audubon, Buena Vista, Carroll, Crawford, Greene, Guthrie, Harrison, Sac, Shelby) 507-461-3368 kristinem@cfiowa.org or

Courtney Vestal, South Western Service Area Coordinator 402-670-6147 courtneyv@cfiowa.org

State Parent Partner Operations Coordinator – Melony Gravenish 712-229-9738 melonys@cfiowa.org

Website to locate Parent Partner Program Service Area Contacts Parent Partners actively work with families involved with the Department of Human Services (DHS) due to child protection issues. They help with engagement in case plans, maintain connections when children are in out of home care, assist in parent child reunification goal or plan. Parent Partners provide parents with resources, encouragement and support.

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Financial & Income Assistance

> Beginning Farmer Center

Phone: (877) 232-1999

Hours M-F 8:00am – 4:30 pm

Resources to help the next generation of farmers

https://beginningfarmer.iastate.edu/

> Child Support Unit

Phone: 1-888-229-9223 (Toll Free) Website: https://childsupport.ia.gov/

Support assists in modifying or ending a child support order when

appropriate. Enforces payment of ordered child

> Community Equipment Loan Program

Phone: 712-263-3303

Crawford County Community Health

105 N Main Street Denison, IA 51442

> Consumer Credit Counseling

Phone: 712-252-1861 or 877-580-5522

> Dept. of Health & Human Services Office (HHS)

Main/Mailing Address: 608 N. Court Street, Suite C, Carroll, IA 51401

Carroll Office (toll-free): 1-866-202-5968 or 1-712-792-4391

Fax: 712-792-1516

Iowa DHS Customer Service Center 1-877-347-5678

Website: https://dhs.iowa.gov/

Income and Resources for Meeting Basic Needs

- Child Care Payment Assistance www.oasis.iowa.gov
- Case Management for persons with disabilities 877-344-5678
- <u>Family Investment Program www.oasis.iowa.gov</u>
- Food Assistance (Food Stamps) www.oasis.iowa.gov
- hawk-i see page 21
- Job Training Assistance
- Medicaid/Title 19 health care https://hhs.iowa.gov/ime/members/how-to-apply
- Waiver Program 712-255-2621 (Diane) 712-749-2536 ext. 109

Health

> American Cancer Society

Address: 905 E Hwy 30, PO Box 907, Carroll, IA 51401 Phone: 712-794-0100 | 866-227-2345 | Fax: 712-794-0101

https://www.cancer.org/

> Carroll Area Nursing Services- Denison Branch

1824 4th St – Denison, IA 51442

Phone: 712-263-3078 | 800-920-2267 | Fax: 712-263-8868

Website: https://canshomehealth.com/ | Email: cans@canshomehealth.com

24-hour on call service

Offering Skilled Nursing; Home Health Aide; Physical & Occupation

Therapy; Speech Therapy; Dietitian; Wound, Ostomy & Continence Nurse; and

Medical Alert Systems.

> Child Health Specialty Clinics

204 W 7th Street, Carroll, IA 51401

Phone: 712-792-5530 | fax: 712-792-4825

Website: https://chsciowa.org/

Assuring a system of care approach for Iowa's children and youth with special health care needs. Children with chronic conditions like asthma, diabetes, developmental or behavioral disorders like autism or attention deficit hyperactivity disorder, behavioral or mental health and complex health issues. Division of Child and Community Health in collaboration with the University of Iowa, Carver College of Medicine.

- o Family to Family Support by trained Family Navigators
- Regional Autism Assistance Program
- Telehealth opportunities with various pediatric specialists from the University of Iowa Health Care System including child psychiatry.

> Environmental Health

Address: 114 E. 6th St., Carroll, IA 51401

Phone: 712-792-9532 | https://hhs.iowa.gov/Environmental-Health-Services

The office is located in the basement of the courthouse.

Office hours: Mon – Fri 8:00 am to 4:30 pm. Call before traveling to the office in Carroll.

Crawford County Services include Permits for wells and testing, Septic Permits, Pool and Spa Inspections, Tanning Bed Inspections, Funeral Home Inspections, Public Health Programs such as Radon, Carbon Monoxide, and Public Health Complaint Investigations

• 844-IowaSic (844-469-2742) food borne illness complaint hot line.

Food Resources

> Crawford County Hunger Fighters

Phone: 712-263-3282 or 712-269-1576 Weekly backpack and monthly food pantry.

> Congregate Meals

Sponsored by 60+ Nutrition Agency and Elderbridge Agency on Aging. https://elderbridge.org/

- Crawford County Senior Center: 201 S Main St, Denison Phone: Meals On Wheels 712-263-4950
- Manilla receives meals from Manning Site 612 Main St, Manning IA, home delivered, Phone: 712-655-3417.

Nutritious lunch provided Monday-Friday. Call the meal site to make a reservation a day in advance and to determine the time the meal is served. For eligible diners (persons 60 and older, his/her spouse and dependents with disabilities) meeting income guidelines, a half-price donation is suggested. For eligible diners with income above guidelines, a full-price contribution is suggested. For those under age 60, full price applies. Food stamps can be used. Call to find out current price.

> Hortline

Phone: (515) 294-3108

Hours: M-F 10:00 am - Noon and 1:00 pm - 4:30 pm -Lawn, garden, and

landscape plant questions

http://www.yardandgarden.extension.iastate.edu/

> Summer Lunch Programs

----Join us for a free lunch! Open to all children and teens 18 & under. No registration or identification is required. Schleswig Community Schools all summer long, Mon – Fri. Lunch 11:00 am – 12:30 pm.

> WIC (Women, Infants and Children)

New Opportunities, Inc.

Address: 23751 Highway 30 East | PO Box 427 | Carroll, IA | 51401

Phone: 712-792-9266 Extension: Website: https://www.newopp.org/

WIC provides coupons to buy milk, cheese, baby formula, fruit, juice, cereal, and other healthy foods, along with nutrition information. For pregnant, breastfeeding, and post-partum women, or families with children under 5; income guidelines apply.

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Iowa Health and Wellness

Department of Human Services Contact Center Toll-free phone number 1-855-889-7985 Monday – Friday, 7:00 am – 6:00 pm.

Website: https://hhs.iowa.gov/ihawp

Health Care Assistance: Do you have questions about applying? You can apply online-, by phone, by mail, or in person at your DHS office (page 2). Questions on Medicaid and Health Care Coverage: If you're new to Medicaid and looking for information about health care coverage options.

> Language Line Services (Interpreters) 800-752-6096

> Minstrel Association - Neighbor Helping Neighbor

Contact one of the following churches.
Saint Rose of Lima Parishes (Denison & Vail) 712-263-2152
First United Methodist Church 712-263-2934
United Presbyterian Church 712-263-4130
Neighbor Helping Neighbor - make contact through local churches.
Modest funding to assist with essential financial needs of individuals and families, applications process is established.

> Supplemental Security Income (SSI)

Social Security Administration,

818 Bella Vista Drive, Carroll, IA 51401 Phone: 866-572-8381 or 1-800-325-0778

Hours M-T-TH-F 9:00 am – 3:00 pm W 9:00 am – Noon

National Helpline: 800-772-1213 (MC Eligibility & Card Replacement)

https://www.ssa.gov/

Monthly income available for low-income individuals who are disabled or over 65.

> Temporary Assistance Program (TAP)

Address: 210 S 25th St, Denison, IA 51442

Phone: 712-263-4733

Hours: M & Th 9:00 am - Noon

Program for families in need of food and clothing.

> Veterans Affairs

Address: 1202 Broadway, Denison, IA 51442 (Courthouse)

Phone: 712-263-2720 | https://va.iowa.gov/ Veterans Affairs State Hot Line: 800-827-1000

Hours: 8:00 am - 4:30 pm M - F

Assist veterans and family members in applying for veterans' benefits (ie: pension or service connected compensation, medical, death and

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burial, education, home loan, life insurance).

West Central Community Action Outreach Center

Address: 145 N 7th Street, Denison, IA 51442 Phone: 712-263-3538; Fax: 712-263-4959.

Website: https://www.westcentralca.org/ (Select Services)

Hours: 8:00 a.m. -4:30 p.m. Mon-Fri

The WCCA Outreach Offices provide client intake, client assessment, client referrals, and coordinates with other community resources. The goal is to strive to assist low-income families in becoming self-sufficient. A wide variety of programs, services, and referrals reflect this accomplishment.

Low Income Home Energy Assistance Program (LIHEAP)

The Low-income Home Energy Assistance Program (LIHEAP) is designed to aid qualifying low-income Iowa households (homeowners and renters) with income at or below 150% of the Federal Poverty Guidelines. Applications are accepted on a first come/first served basis from November 1 through April 30 (October 1 for households with elderly/disabled member).

- To provide payment of a portion of their residential heating cost for the winter heating months,
- To encourage regular utility payments,
- To promote energy awareness and to encourage reduction of energy usage through energy efficiency, client education, and weatherization.
- Outreach Center provides a "clothing room", school supplies (financial eligibility), Christmas time Goodfellows (financial eligibility), information for the GAP a program to assist in obtaining a vocational degree (financial eligibility),

Family Safety

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➤ Centers Against Abuse & Sexual Assault (CAASA)

Crawford Office Phone: 712-363-5483

Main Office PO Box 996 | Spencer, IA 51301 | 712-262-4612 HOPE LINE: 1-877-362-4612 | https://www.caasaonline.org/

Advocates to assist victims of sexual violence in any sexual contact performed against your will or where your consent is gained by the threat or acts of violence. The victim as the right to have a counselor present for proceedings related to the offense. This includes but is not limited to medical examinations, law enforcement investigations, pretrial court hearings, trial and sentencing proceedings.

> Family Crisis Centers

Address: Denison, IA

Phone: 800-382-5603 | https://familycrisiscenters.org/

Iowa Victim Services Call Center/Hotline 1-800-770-1650 (24/7)

Serving **anyone** who had been affected by domestic violence, human trafficking, homicide, or any other violent crimes. Provide advocacy, support groups and counseling for individuals and their families. Temporary shelter for abused women and their families.

> Family Centered Services

(Serving 30 Counties in the Western Iowa Service Area)

Family Access Center (formally SWIAFAC) | https://familyaccesscenter.org/

Phone: Website: Referrals: 712-828-0959 refferrals@swiafac.com

- Safe Care (0-5 years)
- Family Preservation Services
- Family Team Decision Making (FTDM)
- Youth Transition Decision Making (YTDM)

Boys Town

Phone: 712-258-6523 Website: https://www.boystown.org/locations/iowa **Boys Town National Hotline® (800-448-3000)** is a free resource and counseling service that assists youth and parents 24/7, year round, nationwide.

- Community Support Services: Children and parents can tap into a wide variety of resources to learn how to help themselves through advice from our experts or receive direct care through specialized services. Most resource focus on prevention rather than intervention.
- Family Centered Services
- In-Home Family Services: help teach families not only how to handle issues after they arise but also how to prevent them from becoming more disruptive, while they remain in their home.
- YourLifeYourVoice.org is a special website that enable and encourages teens to share their problems and concerns in positive and provides access to immediate help in a crisis. https://www.yourlifeyourvoice.org/
- School Based Programs provide a variety of training and instruction resources for teachers, administrators and other school staff that can support or enhance an educational environment. Programs are based on the Boys Town Education Model®, which focuses on skills teaching, relationship building and effective discipline procedures.